

Lesson 7

Aug 23, 2009

SAN TAN HEIGHTS CHURCH SBC

CHURCH AT THE KITCHEN TABLE

GALATIANS 6
HOW TO BEAR ONE ANOTHERS BURDENS

Paul gives the reader a prescription of how to bear another believers burdens. As you read Galatians 6, realize the burdens that God through His sovereignty has allowed you or your family to go through. Maybe it's a wayward child, sickness, loneliness, depression, and even suicidal thoughts.

Do you just wish somebody would understand how heavy your heart is today?

Let's look at 12 stepping-stones to help us to help others with a burden:

1. Seek to be a servant to another believer: Have your family pray and seek to choose a person or family that you can help with a burden.
2. You must get real: Understand that doubts and depression are a part of life. Be real not phony. Be sincere not artificial.
3. Ask God for a humbling grace: Read James 4:6. Be ready to share your difficulties with others, never rejoice in someone's hardship.
4. Get honest about your own struggles: Matthew 7:1-5. Look in the mirror of the Bible first, then you can help others.
5. Constantly remind the one burdened about the faithfulness of God: God will never and has never let His people down.
6. Learn how to be an excellent listener: Is your wife hurting, husband, and children? Share your heart with each other. Matthew 19:13-15
7. Always remain confidential with what the burdened share with you:
8. Be careful to resist spiritual self-righteousness: Never assume that the burdened are horrible people.
9. Remind people and caution them of their responsibility: James 3:1.
10. Remind them and yourself of the imperative of faith: You will get through your burden. God is faithful. Look through the lenses of faith.
11. Pin point your prayer: Be specific while praying for the burdened. Bring the burdened to expect a miracle in their life.

Pray that you and your family will be able to serve others and help them to see Jesus through your love and concern for them.

Sincerely yours,
Willingly His



Pastor Billy