

Lesson 6

Aug 16, 2009

SAN TAN HEIGHTS CHURCH SBC

CHURCH AT THE KITCHEN TABLE

LEARNING HOW TO WALK IN THE SPIRIT
GALATIANS 5:6-26

I would like you to start by reading Psalm 37:7, then Psalm 46:10. As you read these Passages, consider your ability and position as to your personal rest in the Lord, and your discipline to listen to God. The three things that help me to achieve listening and rest have been prayer, Bible study, and worship. Read Galatians 5: 16-26 and look for things that you can identify with.

Turn to 2 Thessalonians 5:23 and read it out loud to your family. Have a discussion about body, soul, and spirit. Explain that the Holy Spirit is what we have indwelling in us if we are believers in Jesus. The Holy Spirit is the X factor that sets us apart from the world. Our body is the same, our soul is the same except for its future-resting place, but the Spirit makes us different. Now read 2 Corinthians 5:16-17. The Spirit has a quality in our life that shows kindness, unselfishness, and tenderhearted.

Paul gives us three directions in these Passages as follows:

1. Conflict: 16-23
2. Crucifixion: 24
3. Conformity: 25-26

1. Why is there conflict within us? When we receive Christ as our personal Savior, we are justified. I was taught that justified meant just as if I had never sinned. God declares us free from our sin when we believe. One day we will be glorified. Glorified comes when we die or are raptured to see Jesus face to face. The difference is that while we are here on earth, we live in conflict, the Devil tempts us, and until we see Jesus, we must recognize the conflict exists. Paul explains that when we loose our victory and become unloving, unforgiving, unkind, tempermental, hateful, spiteful, critical, gripey, grouchy, gossipy, negative, nasty, and fowl mouthed, we are feeding the flesh instead of the Spirit. Just for fun ask your family if you have been any of these on the list. Now ask for forgiveness. L
In contrast, Paul explains that when we feed the Spirit we are loving, serving, helpful, kind, patient, forgiving, sweet, wonderful, not legalistic, not miserable and participating with each other.

Our daily diet determines whom we feed. Prayer, Bible study, worship, or TV, magazines, movies? Not all movies or magazines are bad, but you understand what the point is. Acknowledge that there is a battle. 5:16, Walk in the Spirit. Walk is to take action, direction, and a goal. Discuss these with your family.
You are Spirit filled and Spirit led when you are occupied with Jesus Christ in all, above all.

2. Those in Christ have crucified the flesh with its passions and desires. Vs. 24
God can take your desire away from addictions, from lust, from sin, by His Grace and He wants to. The Bible teaches that we must die to our flesh, have you died to your sinful nature?

3. We are to conform to the Spirits leading in our life. 5:25-26



4 facts and evidences of the Spirit in your life

1. The indwelling presence of the Holy Spirit always gives me life. Drugs, addictions always lead to death, but the Spirit always leads to life. John 10:10. As a side note, our attitude also can lead to death. Let me explain, as Pastor of this Church and the community, you would not believe how many people want to end life because of depression caused by feeding a poor self image and attitude. Please, please hear me, God loves you and made you wonderful, feed the Spirit and you will realize how great you are to God.
2. We see a contrast between works and fruit. 19, 22. Flesh or works are efforts, labor, strain, toil, sweat, and machines. Fruit is life, beauty, quietness, and organic. Read John 15, it is awesome.
3. We see fruit throughout the New Testament.
 - Romans 1:13. Fruit won people to Christ.
 - Romans 6:22. Fruit was living a Holy life.
 - Colossians 1:10. Fruit was good works.
 - Hebrews 13:15. Praise to God, fruit of our lips.
 - Galatians 5:22. Inner character.
4. Fruit not fruits. One fruit manifested in nine ways. All are necessary and equal in importance. Yielding to God's Spirit automatically causes the nine aspects to work in our life. You can't choose the characteristic of the day, its all or none.

God bless, I love being your Pastor

Sincerely yours,
Willingly His

Pastor Billy

